

Important to Joe

- Time alone with Mum or Dad
- To have lots of variety and activity provided for him every day
- To be supported and kept occupied by calm, positive people who know him, like him, and who understand his needs very well, and communicate with him both verbally and visually
- To know what is happening now and next, especially who will be supporting him.
- Not to be near anyone who is crying or screaming
- To be outdoors every day
- Swings – especially the ones with long chains and tyre swings that spin
- Folding elastic bands whenever he can
- Listening to music, making music and being in charge of the CD player
- Copying games – he devises set routines of song and speech copying games for everyone who is important to him
- Being by the sea and walking in the waves whenever her can
- Walking and running down hills whenever possible
- Swimming (without babies present)
- Bouncing and being active every day
- Going on buses, trains especially steam trains
- Watching animated films – at the cinema or video
- Being with people who are interested in him, and who are positive and friendly
- Smelling highly scented things – especially orange peel and petals
- Being with people his own age, who are socially skilled and engage with him positively
- Not being near dogs, especially if they are not on the lead

Joe's One-page profile

What people like and admire about Joe

Happy; gets lots of pleasure from simple things; musical; giggly; fun to be with; full of life

How to support Joe

- If Joe is upset check whether this is due to being hungry Support and encourage Joe to drink every couple of hours and eat fibre-rich foods
- Keep trying to introduce new foods to Joe
- Hold his hands when near traffic
- Keep Joe safe by never leaving him, even briefly, and making sure he cannot get out of open windows or doors, or over fences.
- Don't leave Joe with anything inedible that he may want to eat.
- Not to ever be supported by people who do not know him
- Not to be grouped with other people who are challenging or autistic