

What is important to Sam

Sam must always have a good book on the go – Bernard Cornwell is his favourite.

To write to his brother Michael, who lives in Canada, each month and receive letters from Michael.

To be in touch with old friends from the area he lived in before moving into the home.

To know how his old friends at church are doing.

To eat in the dining room with Ethel and Norman.

To keep as active as he possibly can.

Going to the coffee mornings in the communal lounge and chatting with the other people who live there.

To get up in his own time, usually around 9.30am.

Watching sport on the TV, any, but the cricket is his favourite.

Must never miss Countdown.

Mr. Twinn's (vicar) visits each month.

To have a chance to get out and about in the local area. Being part of the local community; church, bowling clubs and RNLI have always been a huge part of Sam's life.



Sam

What others like and admire about Sam

His humour.

His zest for life.

Nothing seems to faze him.

A strong man.

His great determination.

How best to support Sam

Know that Sam is devastated by the fact that he has lost contact with his old friends at the bowling club.

Sam's hip still gives him some pain (see care plan for detail). Sam will always ask if he wants any pain relief.

Sam will let you know if he needs assistance to get up and go to bed. He generally manages by himself and will let you know if he is struggling.

Know that Sam does not like to be wakened in the morning. He will get up of his own accord and get ready about 9.30am.

Sam needs someone to be close by when he has a shower. He doesn't need help with it, just the confidence of knowing someone is around if he needs help.

Sam requires support to get outdoors and will always take his walking frame. He only uses the frame occasionally when indoors.