

Michaels One Page Profile



What people like and admire about me:

Kind and thoughtful
 Fun and Outgoing,
 Fantastic Chess Player
 Motivated to learn and motivated to new things
 Polite
 Competitive

WHAT'S IS IMPORTANT TO ME

When you visit my home, I enjoy making you a drink, I will always remember.

To visit my mum on once a week, Wednesday is a good day for her

For people to understand my routine and support me using the sequencing board so I can remember what needs to happen next. I need to know in advance if there is any changes to my routine

To be supported by staff that understand me and if you are new I need to be given the time to be introduced and get to know you before I can trust you.

That my staff enjoy a good competitive game of chess

That in my week, I must go swimming twice and to the disco every Friday

To phone my mum on Saturday and let her know what I have been doing.

To watch my favourite TV programs, but not Jeremy Kyle in the morning

To have a choice of when menu planning.

To always wear my watch and have my wallet with me at all times.

To be involved in conversations that takes place about me.

To choose what I want to eat. I enjoy planning my menu and cooking food. I like to ensure some variety to my menu, sometimes I like to try something new.

To check things out, if I am told something, I may seek the opinion of others

HOW BEST TO SUPPORT

Know to support Michael to see his mum on a Wednesday, if there are any foreseeable changes to this, such appointments that cannot be altered, this must be discussed with both Michael and his mum.

Before you support Michael, learn his routine and sequences. If there are any foreseeable changes to his routine, this must always be discussed through with Michael and his tea

Michael can swim, but needs your motivational support when swimming.

Know how to use the communication sequencing board and expectations. Michael refers to this as his Rules.

Always listen to what Michael is saying, stop what you are doing and talk things through.

Michael must always have 2 staff to support him when going outdoors, and before going out to discuss "his rules". Staff must be vigilant and always keep Michael informed of the next step in the activity he is doing.

Know to stick to the activity that has been planned, deliver on the promise and not to deviate, as this can cause confusion. When making suggestions, due it as part of a conversational review at the end of the day. For example, when we were out Michael, did you see, what did you think?

Know Michael like to choose his own meals, he welcomes new suggestions- but ensure that you describe this fully, so he can make an informed choice.

Know that Michael may check out what you have asked him, or informed him with others. It is important for you to record conversations in Michael's diary, so conversations and continuity of support can happen.