

# Mia's Profile

Year 7

## Things we like about Mia

She is full of fun and has a beautiful smile. She is reliable and tries her hardest with everything! Mia shares what she knows with other people, she is a good study buddy and a good leader. She is full of fun and a bundle of energy!

## What's Important to Mia at school

- Not to be late for school
- To be organised, to have everything she needs for the day
- To feel in control, to have a structured, calm day and know what is happening next and to have an explanation if things have to be cancelled
- To have a job to do and some responsibility, Mia is very reliable
- Not to be in trouble, Mia sees it as a big thing if she is told off and it upsets her
- To play and run around and be active in PE and play time – this is “extra ultra important” to Mia. She much prefers team sports
- To have someone to play with. Not to fall out with her friends – this really makes Mia sad
- Not to feel under pressure. Mia says that she worries she'll get in trouble for looking around when she is “under test conditions” but she can't help looking around when she is nervous
- To be herself and to do her best, be noticed for doing hard work and told well done
- To be fair – Mia has a real sense of justice and doesn't like it when people break the rules or tell lies and it isn't sorted out
- To have a healthy lunch she likes and someone to have lunch with
- To have lessons that are doing rather than listening
- Not to go on her own to places that are dark or in secluded areas
- To be part of a team, to have an activity to get involved in
- To share a table at school with children who she gets on with, no personality clashes
- To have enough sleep on a school night

## How to help Mia have good days at school

- Be aware that it is very important to Mia to have everything that she needs for her day. If she does forget something, please support her by letting her phone home to have it dropped off, it will make a big difference to her day.
- Remember that Mia having all that she needs for her day includes homework, so please support her by giving her homework slips at the end of lessons. This helps Mia to be organised and reassures her that she will know what she needs to do once she is at home
- Feeling in control is something that really matters to Mia. At the moment Mia's year 6 class has a visual timetable and this works very well for her. If something isn't going to happen that she is expecting, please explain why. She may not show she is concerned about this at the time but will be very upset when she gets home.
- Mia is really helpful and loves to have a job to do. Be aware of this and give her every opportunity to make her contribution.
- Mia takes it to heart when she is told off. Please be sensitive to this
- Remember that Mia is a bundle of energy; she is a very active girl. If there are clubs or after school activities that she may like, point them out to her, especially if there is a team to join!
- “Test conditions” worry Mia as she is concerned she'll get in trouble for looking around if she is nervous. Support by knowing this and understanding her worry about being told off.
- Mia always tries hard. A well done goes a long way!!
- Know that Mia feels strongly about fairness. Support her by reassuring her about this is she is involved and reminding her she doesn't have to worry if she isn't!
- Falling out with friends and not having someone to play with makes Mia really sad. She may not tell you she is upset but you can see it in her face. Keep a look at for a sad day and support her by offering her the chance to say what's wrong. She will let you know if she wants you to step in or sort it out herself

## We also think that...

Mia is really kind, caring and helpful. She is a brilliant dancer and a great hockey player – she just gets stuck in! Mia is sweet and polite