

Mark's one page profile

Like and admire

- His helpfulness.
- His sense of humour.
- The way he greets and says goodbye.
- That he knows what he wants.
- His generosity.
- How he blames the cat for everything!

What is important to Mark?

- He loves the bus ride to and from the Day Centre on Tuesdays.
- He loves riding on all forms of public transport.
- He spends a lot of his time indoors, even in good weather, so holidays are a good chance to get away from the house.
- He loves being around people and can be very sociable. However, this has to be on his terms.
- He loves his cat and enjoys feeding her in the mornings with support. He calls her "Puss".
- He likes to be asked to come to the table first and given food drinks before anyone else.
- He loves paper, leaflets and plastic bags and really likes to have his pockets full with paper and leaflets. He then likes to sit in his room and tear them into small pieces and keeps it all in plastic bags in there.
- He can pick out the photos of staff and put them on the photo rota board. He loves to show visitors to the house who is on sleep-in that night.

How to support Mark

- He understands basic verbal communication and can use some Makaton.
- If he sits quietly in his room, it means he either wants his own space or he is angry. So, do not interact with him unless he initiates it. Respect his space and privacy when he is in his bedroom and knock before you enter.
- If he hurts/cuts himself, he will not seek help but will go and sit in his bedroom. He does not like 'being checked on' – so creativity is required to periodically monitor him.
- If he wants interaction with staff, he will initiate it - you can have a good laugh with him at these times. He really loves one-to-one time with staff in the mornings before everyone else gets up.
- He enjoys helping cooking and baking when he is in a mood. You can ask him to help and he usually will - he will get things out, stir anything on the hob or just watch.
- He will blame the cat for any mess or bodily noises he makes. This relieves any tension he may be experiencing and should be encouraged.
- He gets very upset if he has to wait for anything so he is always served food and drinks first and will sit by the window whilst eating. He also needs lots of reassurance and support when out and waiting in shops or any queues.
- He needs to have the bags of ripped paper removed from his room periodically as this can be a health and fire risk. These bags are also checked for clothing as he sometimes places them in the bag. Leave some of the bags in the room for him.