

**Name Alan Manford**

**Form**

**If I were to ask a friend they would say this about me**

I am **hard working, organised** and **motivated**, and this helps me do well in my work. Outside of the curriculum, I am **sporty**, getting involved in many after school clubs, and **reliable**. I am also **confident** in my abilities.

**What's important to me**

- If I set out to do something, I will look at doing everything possible to **achieve** it
- The more **exercise** I do the better, so I try to do at least 2 sports clubs after school (e.g. harriers, hockey)
- I always want **good grades**, so I will revise hard and work hard for all tests and homeworks
- I like having **fun** in the day, and look to have a good time in my lessons
- I try to get involved in as many **extra-curricular activities** as possible, such as music and sport (e.g. I play piano and am doing Young Enterprise this year)

**I may need support with**

- I work best when **challenged**, so don't just let me get by doing nothing, and push me to do more
- Give me as many **opportunities to do sport** as possible, since I feel better and achieve more afterwards
- Always try to **question what I say**, so I can find better ways of doing things, and know for the future that this is the best way to do it